

## **A Reflective Service: for worship in isolation**

We come from scattered lives to meet with God. Although we are in isolation, we share our prayers with other and with the whole company of heaven. Let us recognise God's presence with us now.

Keep a short silence, still your heart.

As God's people we have gathered; let us worship God now together, across the miles yet joined

Let us pray.

Come, Holy Spirit, fill the hearts of your faithful people,  
and kindle in us the fire of your love; through Jesus Christ our Lord,  
Amen.

In the light of Jesus, let us examine ourselves and confess our sins.

Confession: Father, we have sinned against heaven and against you.  
We are not worthy to be called your children.  
We turn to you again, have mercy on us,  
bring us back to yourself as those who once were dead  
but now have life through Christ our Lord. Amen.



Absolution: May the Father forgive us by the death of the Son,  
and strengthen us to live in the power of The Spirit all our days. Amen.

We affirm our faith in Jesus Christ the Son of God:

Though he was divine, he did not cling to equality with God,  
but made himself nothing. Taking the form of a slave,  
he was born in human likeness. He humbled himself  
and was obedient to death, even the death of the cross.  
Therefore God has raised him on high, and given him the name above every  
name: that at the name of Jesus every knee should bow, and every voice  
proclaim that Jesus Christ is Lord, to the glory of God the Father.  
Amen. *cf Philippians 2.6-11*

We intercede for others in the quiet of our hearts.  
Lord, meet us in the silence and hear our prayer.

*Silence for prayer is kept:*

*Pray for yourself in your isolation, that God would sit with you  
Pray for others in their loneliness  
Pray for our country  
Pray for the world*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

*Silence is kept*

Faithful God, may we who have shares in this time of worship  
Glory in the cross of our Lord Jesus Christ,  
Our salvation and hope, Who reigns as Lord now and forever.

Fill us, Good Lord with your Spirit of love; and as you have fed us  
with your presence, so make us one in heart and mind, in Jesus Christ  
our Lord. Amen.

Let us bless the Lord -Thanks be to God.

Please God, we can meet together in church again, soon.

You may want to include a Bible reading, reading a chapter of Johns gospel a day would take you 3 weeks, you might like to spend some time reflecting on a particular book of the Bible such as Hebrews, the Psalms or maybe a book your less familiar with such as Job, Esther or Jonah – there’s more to his story than just the whale!

If you have access to the internet try

<https://www.churchofengland.org/prayer-and-worship/join-us-daily-prayer>

or if you want to follow the lectionary:-

Sunday 15<sup>th</sup> March- Exodus 17. 1-7, Romans 5. 1-11, John 4. 5-42

Sunday 22<sup>nd</sup> March – Exodus 2. 1-10, 2 Cor. 1.3-7, Luke 2. 33-35

Sunday 29<sup>th</sup> March- Ezekiel 37. 1-14, Romans 8. 6-11, John 11. 1-45

**Sunday 5<sup>th</sup> April Palm Sunday, Matthew 21. 1-11 then Isaiah 40. 4-9, Philippians 2. 5-11, Matthew 26. 14-end and 27. 11-54**

**Maundy Thursday 9<sup>th</sup> April Exodus 12.1-14, Psalm 116 10-end, 1 Cor. 11. 23-26, John 13. 1-17 & 31-35**

**Good Friday 10<sup>th</sup> April Isaiah 52.13-end of 53, Psalm 22, Hebrews 10. 16-25, John chapters 19 & 19**

**Easter Day Acts 10.34-43, Col. 3.1-4, John 20. 1-18**

Sunday 19<sup>th</sup> April – Acts 2. 14,22-32, 1 Peter 1. 3-9, John 20. 19-end

Sunday 26<sup>th</sup> April – Acts 2, 14, 36-41, 1 Peter 1. 17-23, Luke 24. 13-35

Sunday 3<sup>rd</sup> May – Acts 2. 42-end, 1 Peter 2. 19-end, John 10. 1-10

Sunday 10<sup>th</sup> May – Acts 7. 55-end, 1 Peter 2. 2-10, John 14.1-14

Sunday 17<sup>th</sup> May – Acts 17. 22-31, 1 Peter 3. 13-end, John 14. 15-21

Sunday 24<sup>th</sup> May – Acts 1.6-14, 1 Peter 4.12-14:5, 6-11, John 17. 1-11

**Pentecost Sunday 31<sup>st</sup> May – Acts 2. 1-21, 1 Cor. 12. 3-13, John 20. 19-23**

**Trinity Sunday 7<sup>th</sup> June – Isaiah 40.12-17&27-end, 2 Cor. 13. 11-end, Matthew 28. 16-20**

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Living out our faith in temporary isolation,  
why not telephone someone you know, to let them know that they are  
not alone.

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“For God has said, ‘I will not leave you or forsake you’ so we can  
confidently say, ‘The Lord is my helper; I will not fear’.” (Hebrews 13:5-  
6)

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“It is the Lord who goes before you. He will be with you; he will not  
leave you or forsake you. Do not be dismayed.” (Deuteronomy 31:8)

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### **Other Resources you might like to use**

#### **Television programmes**

Songs of Praise Sundays at 1.15pm on BBC 1

#### **Radio programmes**

Prayer for the Day daily at 5.43am on Radio 4

Sunday Worship Sundays at 8.10am on Radio 4

Daily Service Monday to Friday at 9.45am on Radio 4

(The Daily Service is available on a Radio 4 DAB side channel which is  
automatically made available about a minute before the programme  
begins.

After tuning to Radio 4 DAB, select "Daily Service" (from your display)  
with the tuning wheel and press the selector button.

On some radios the side channel can be stored on a pre-set button  
and once it is stored there you simply need to press the pre-set.

Lent Talks Wednesdays at 8.45pm on Radio 4

Celebration (Act of worship) Sundays at 7.30pm on BBC Radio Wales  
Choral evensong- Wednesdays at 3.30pm and the same service is  
repeated Sundays at 3pm on Radio 3